



Focus on the Fours

Week of February 11, 2019



Dear Parents,

Happy Valentine's Day! We will deliver the valentines Wednesday and Thursday and they will take the bags home on Thursday and Friday. Please note that this is not a party day. We are going to make cheese heart pizzas!

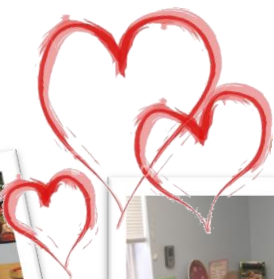
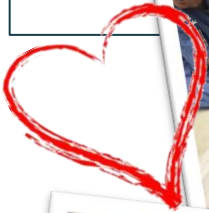
The children have had so much fun as chefs, wait staff, customers, patients, doctors, nurses and office staff! It is always so much fun to see how much of the "adult world" they notice and incorporate into their play. They practice making healthy food choices in the café and we talk about how the doctors and nurses help to keep us healthy!

Last week we talked about the protein food group. This week our pizza fits the two groups we will learn about this week... dairy and grains. In a couple of weeks we will be reading Stone Soup and making soup. Please start to think about an unusual raw vegetable that your child can share in our soup to send them in the week of the 25th.

I would like to thank Amelia's family for teaching us about the Chinese New Year and bringin yummy dumplings to share! We also had vision screening last week. Monday we have a group of nursing students coming to teach us about exercise.

We are working very hard to finish our Penguin and Polar Bears: Alike and Different books as well as our winter scenes. They will be sent home soon! The snowmen are all so unique and wonderful, just like each and every one of them!

Sincerely,
Mrs. Dudley and Mrs. Flakus



Fours Snack Menu

Week of February 11, 2019



Birthday Muffins and Apple Juice

Happy 5th Birthday Allie !

Tuesday

Snack Mix and Apple Juice

Wednesday

Heart Cheese Pizza and Apple Juice



Thursday

Heart Cheese Pizza and Apple Juice

Friday

Popcorn and Apple Juice